



# YOUR ULTIMATE GUIDE TO HOLIDAY PACKING

## PACKING FOR TRAVEL, YOUR ITINERARY IS YOUR BEST FRIEND. WHAT IS IT TELLING YOU TO PACK?

### Before you start packing, ask these questions

- What am I going to be doing on the holiday?
- How am I traveling
- Where am I going?
- How long am I going for?
- Will I wash my clothes as I go?
- What will the temperature be like from one stop to the other?
- Will I have international and domestic flights?
- How many carriers will I be on?
- How much luggage can I take?
- How much carryon, and what size for each airlines?
- Dress code in cafes restaurants, temples, churches?
- Do the countries to be visited have dress regulations?
- Will you require formal or after five wear?

### Create your CAPSULE wardrobe

- Stick to an easy mix and match colour palette
- Select garments that are going to work together
- Accessories will help to take your garment from day to night
- Think about how many shoes you need to take
- Packing for a resort style holiday is totally different to a major city holiday.
- Dress comfortably and stylishly while traveling there; consider the fabrics.
- Think about the style of bag you will be carrying each day. You don't want to have a back ache at the end of the day.
- Try on, and take photos of, each outfit you create to eliminate wardrobe malfunction each day.
- You want to look stylish and comfortable, not like a tourist.

## HERE IS AN EXAMPLE OF A 14 DAY HOLIDAY CAPSULE WARDROBE.

- 6 Tops
- 4 Bottoms
- 3 Pairs of shoes
- 3 Layers
  - Jacket
  - Or if going somewhere hot drop 2 layers and add extra 2 tops or 2 bottoms
- 2 Dresses - convert from day to night by switching shoes and accessories
- 4 Accessories
- The key to a successful capsule wardrobe is staying within a colour palette.

### Be confident and rock your outfit

### Dress for you and your personality





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LET'S COMPARE THE DIFFERENT PACKING METHODS TO USE.

## ROLLING

- Saves on space
- Prevent wrinkling,
- If staying somewhere for more than four days, unpack and hang

## FOLDING

- Appears neater
- The preferred method when using the compressing packing cells.

## HOW TO FOLD

- **Easy Wrinkle** – (shirts, linen)
  - fold the sleeves back
  - then fold the shirt in half vertically
  - then fold in thirds horizontally.
- **Evening Wear**
  - fold in half horizontally
  - wrap with tissue paper
  - place on flat on top of everything
- **Jackets/ Blazers**
  - fold the sleeves back,
  - fold in half vertically
  - then in half horizontally if needed
  - then place on top.

## PACKING CELLS

- Keep your garments organised with labelling
- Very convenient – especially for multi destination holidays
- Your bag stays organised - no mess when you are digging through your suitcase.
- Large packing cell are placed on the bottom, then small and lighter on top.

## SHOES, ACCESSORIES & OTHER

- Packed in shoe bags
- Small articles can be stuffed into your shoes
- This helps keep your shoes in shape and small things safe.

## TOILETRIES

If you're a frequent traveler keep this toiletries bag packed and ready to go.

- Sort and prepack prior to packing your suitcase
- Minimize what you take as most hotels provide body wash, shampoo and conditioner
- Use zip lock bags for opened hotel toiletries in use.



Use the rolling and packing cells to save space and prevent wrinkles.



EVERYTHING IS ACCESSIBLE!

